

HEALING RELATIONSHIPS, CREATING CONNECTIONS: Working with Couples Utilizing Emotionally Focused Therapy

July 29, 2011

9:00 am to 4:00pm
(lunch will be included)

2200 Arch Street, Suite 200

Philadelphia, PA

19103

COST: \$115

\$150 with CEU's

Emotionally Focused Therapy (EFT) is an empirically validated structured approach to couples therapy. Dr. Sue Johnson and her colleagues have developed EFT and researched the effectiveness of the model over the past 15 years. EFT is now one of the best-delineated and empirically validated approaches in the field of couple therapy. The research has shown a 70-75% recovery rate from marital distress and 90% of couples report significant improvement in the relationship.

SPACE IS LIMITED to 25 people so please register early to reserve your spot by emailing anna.nicholaides@gmail.com and complete the attached registration form.

This course will show professionals how to work with couples using Emotionally Focused Therapy. It will benefit both the novice and seasoned EFT therapist by practically integrating the steps of the model into couple treatment. EFT is a powerful approach that can bring about lasting emotional change for the couple.

SIX CEUs will be offered through Alliant International University



Debi Scimeca-Diaz, LMFT

is a Licensed Marriage and Family Therapist, Licensed Clinical Alcohol and Drug Counselor and an AAMFT approved Supervisor in the state of New Jersey. She graduated from Alliant International University in 1997 and received the majority of her EFT training from AIU. She is a Certified EFT Trainer through ICEEFT.com. In her private

practice, she specializes in couples therapy and provides on-going training and supervision in EFT throughout NJ and PA. For more information, visit her website at www.couplestherapynj.com.

Alliant International University (AIU) is approved by the American Psychological Association to sponsor continuing education for psychologists. AIU maintains responsibility for the program and its content. AIU is approved by the California Board of Behavioral Sciences to provide continuing education for MFTs and LCSWs (provider # PCE234). AIU is approved by the California Board of Registered Nursing to provide continuing education for Nurses (provider # CEP11235). AIU is approved by the National Board for Certified Counselors (NBCC) to provide continuing education for counselors (provider #4469).